



High Meadows Happenings

7/28/2017 camp@highmeadows.org

This Week's News 770-993-7975

- Calendar Events for all camp:
Wednesday 8/2 is Unit Choice Theme Day. See below for each Unit's choice.
Friday 8/4 is Oregon Trail Day and the last day of camp this summer.

- Today was **UNIT PRIDE DAY** as well as our All Camp Hot Dog Cookout!



- Wednesday was **Sports Fan Day!**



- **Creature Highlight: The Archery Monster.** Ever since the beginning of Camp in 1973 there have been reports of this not-too-scary "monster". Not much is known about the actual appearance of this creature, but its habits and territory have been well-documented. It lives in the woods near the archery ranges. Its primary food source is arrows. It is said that when campers shoot arrows and cannot find them, the Archery Monster must have quickly gotten these arrows and brought them back to its lair, deep in the woods.



- **This week's value was COOPERATION.** We hope that you take the time to discuss this and the other upcoming values of the week with your camper. High Meadows campers practice cooperation through respectful communication and group problem solving. High Meadows campers understand that we practice cooperation not only in games and activities, but also by being kind to our peers and having a positive attitude.

Questions for discuss with your camper:

- What is cooperation? What does cooperation look like?
- What does it feel like when you cooperate?
- How does cooperation help our community?
- What does it mean to have a positive attitude?
- What is respectful communication? How is this a part of cooperation?
- What are some ways we can practice cooperation at Camp?

Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.



~ Mother Nature (Bunny)

- We learned the "Cow Song" and made butter out of cream.
- Our Unit Choice for next Wednesday 8/2 is Pajama Day!



~ Kimmie

- We cooled off on the Waterslide this week.
- In Sports, we worked on Cooperation through games such as Octopus tag and Medicine tag.
- Our Unit Choice for next Wednesday 8/2 is Disney Day!



Grasshoppers Snack Menu	Mon	31 st	Snack Necklaces
	Tues	1 st	Apple Doughnuts
	Wed	2 nd	Teddy Bear Toast
	Thurs	3 rd	Grasshoppers on a log
	Friday	4 th	Popsicles



~ Kaela, Mary, and Eddie

- Please send in a plain white t-shirt with your camper on Monday (if you haven't already), as we will be tie-dying shirts next week.
- We cooled off on the Waterslide this week.
- Our Unit Choice for next Wednesday 8/2 is Pattern Day!



~ Rob and Alden

- The **NO TV CHALLENGE** ~ A great camp tradition that starts on Monday 7/31 at camp and ends Thursday 8/3 when the campers go home. Campers who are interested to take on the challenge are encouraged to not use any electronics for 4 days. This includes computers, cell phones, tablets, video games and of course, TV. At the end of the session, successful campers will be honored for their dedication and group effort with a traditionally

decorated feather.

- We cooled off on the Waterslide this week.
- Next Monday 7/31 is Mud Day, so don't be surprised if your camper comes home extra dirty! Also, please send a change of clothes (including socks).
- Our Unit Choice for next Wednesday 8/2 is Neon Dance Party Day!





~ Annie, Tina, and Andy

- Legend had a great time on the Amicalola River on Wednesday. Despite some early rains, they also had an amazing Overnight on Thursday which included an amazingly fun group game of "Sausage", a dip in the pool, dinner, down time on the low meadow, dessert, games in the barn theater, a special campfire ceremony prepared by campers, and of course, Donut Trivia breakfast.



- Unit Choice theme day on Wednesday 8/ 2: Quest - Super Heroes; Legend - Super Villians
- **Quest Lake Trip** is Monday 7/31, Quest campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona. What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen and bug spray.
- **QUEST EVENING** on Tuesday 8/1, is a wonderful way to spend an evening on our campus.
Details: Quest campers will enjoy a group game, take a dip in the pool, eat a scrumptious meal prepared by the counselors, enjoy some down time, maybe some ol' camp songs and finish the night with... what else... S'mores! Rain or shine, they plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00. **Pick-up will be at 8:30** at the carpool location. No bus service! Any evening medication must be turned in to a counselor in the prescribed bottle & with any instructions needed. If needed, please fill out & turn in the Medication Release form found on our website: <http://www.highmeadowscamp.org/registration/forms>

You may email it back to camp@highmeadows.org, fax to 678-507-1189 or print and turn it in to a counselor.

What to bring: A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon)

Dinner: Snack provided, as well as water & Juice

Burger bar

Peanut butter and Jelly sandwich alternative

& of course S'mores!!



CIT Corner ~Hannah and Warren

- This week CITs have been thriving in their units! Helping with the Senior Legend overnight, Hot Dog Cookout, and actively learning and growing in Units has kept everyone busy and required elevated energy levels. Recognizing the CITs this session is extremely important to us. We appreciate their positive attitudes and willingness to jump in wherever they are needed! Skill building activities this session have included a challenging version of Whale Watch, Teepee Shuffle and an original twist on Acid River and Nitro Crossing. This unique group has grown so much in just two short weeks. We are seeing great development and strong leadership skills in this talented group of individuals. We would like to recognize our graduating CIT, Sabrina H., for presenting a beautiful reflection to leadership staff on Thursday. We cannot wait to see the rest of the reflections next week!