



# High Meadows Happenings

7/3/2014 [camp@highmeadows.org](mailto:camp@highmeadows.org)

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## This Week's News



- Calendar Events for all camp:  
Wednesday, 7/9 Unit Choice theme day, check below for details.  
Friday, 7/11 **Medieval Day** (last day of this session). Please keep all weapons (real and fake) at home!
- Today's All Camp Cookout/Red, White and Blue Day Highlights:



- **People Highlight:** **It's All Relative!** Here at High Meadows, the staff feels like one big extended family. In quite a few cases, however, staff members are actually family members. One of the best examples of this is Lynda, who leads the pool staff. Two of Lynda's children, Jake and Amanda, also work at the pool. Lynda's nephew, Jeff is a counselor in Seniors. Karen, a sports specialist, is also the parent of two counselors: Summer (Seniors) and Tess (Juniors). Deanna (Grasshoppers) is the mother of Ryan (Pool). We have 6 other pairs of siblings who work at camp: Eric (unit discovery specialist) and Sammi (Super Seniors), Avery (Juniors Unit Leader) and Jacqui (Super Seniors), Matt (Senior Legend) and Daniel (Senior Legend), Anne and Maggie (both at the Pool), Kaela and Celena (both in Juniors), Rachel (Super Seniors) and Wes (Juniors).



- **Person Highlight:** **Walt Knapp** teaches Native American Culture and History in the Adult Education program at North Georgia College. This summer, as well as during the school year, he is a pony specialist, who is in charge of the caring for our ponies and leading pony rides. Last week, in honor of our newest landmark, the Medicine Wheel, Walt taught a class about the meaning of medicine wheels to our Seniors. Walt is also a published author of historical fiction and is currently working on his third novel.
- This week our featured camp value was **INDEPENDENCE**. High Meadows campers have the skills and the freedom to explore, be creative, and problem solve independently. High Meadows campers practice personal responsibility and self-advocacy. High Meadows campers have the confidence to express themselves as individuals and respect the individuality of others.



## Grasshoppers Gazette! ~ Marli

- On Tuesday, we added our hand prints to our special Grasshoppers banner.
- We have been having a great time practicing the song, "Love is an Open Door" to sing at Livestock at the end of the session
- Our Unit Choice dress up day for Wednesday July 9 will be **Pajama Day**. Please make sure to wear your PJs!



## Juniors Journal! ~ Allison, Olivia, and Avery

- **Tie Dye Day** will be on Tuesday, 7/8 and Wednesday, 7/9. If you have not done so already, please send a plain, white t-shirt with your camper for next week's fun!
- Our Unit Choice dress up day for Wednesday July 9 will be **Dr. Seuss Day**. Make sure to dress up as your favorite Dr. Seuss character!



## Grasshoppers and Juniors Shared Announcements:

SNACK MENU	Mon	7 <sup>th</sup>	Jell-O Cups
	Tues	8 <sup>th</sup>	Mini Pizzas
	Wed	9 <sup>th</sup>	Dr. Seuss Hats (Juniors) and "Frozen" cookies (Grasshoppers)
	Thurs	10 <sup>th</sup>	Moon Pies
	Friday	11 <sup>th</sup>	Popsicles

Grasshoppers and Juniors will be having fun on the Jell-O slide on the last Friday of this session, July 11.

## Super Senior Shout Outs! ~ Jennifer & Jake



- This Wednesday, we enjoyed cooling-off on the waterslide!
- The **NO TV CHALLENGE** ~ A great camp tradition starts on Monday, July 7<sup>th</sup> at camp and ends Thursday July 11<sup>th</sup> when the campers go home. Campers who are interested to take on the challenge are encouraged to not use any electronics for 4 days. This includes computers, cell phones, video games and, of course, TV. At the end of the session the campers will be honored for their dedication & success with a traditional decorated feather.
- Our Unit Choice dress up day for Wednesday, July 9 will be **Neon Dance Party Day**. Make sure to wear your day-glow colors!



## Senior Quest Quips & Legend Lore! ~ Cristina & Andy



- **Quest River Trip** is Monday 7/7. Quest campers will load up on a bus and take a short drive to Victoria Beach on Lake Allatoona. What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen, bug spray.
- **Quest Evening** is Tuesday 7/8. A wonderful way to spend an evening on our campus!  
Details: Quest campers will play a whole group game, enjoy a dip in the pool, eat snacks and dinner, enjoy some down time with games in the Barn Theatre, maybe some old camp songs and finish the night with...what else...S'mores! Rain or shine, they plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00. **Pick up is at 8:30 pm** at the carpool location. There are no buses, so if your camper will be staying, you will need to pick them up at 8:30. Any evening medication must be turned into a counselor in the prescribed bottle and with instructions. Please fill out and turn in the Medication Release form found on our website <http://www.highmeadowscamp.org/registration/forms>

You may email it to [camp@highmeadows.org](mailto:camp@highmeadows.org) or print and turn it in to a counselor.

What to bring: A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon)

Dinner: **Sandwich bar!**

We will be offering ham and turkey sandwiches with a wide variety of fixings and condiments. We will also be serving chips and fruit salad.

- **Senior Legend** overnight and the river trips were a great success! It was nice to have a day to ourselves off campus and to cool off on the Amacalola River. For the overnight, we enjoyed an exciting camper-counselor soccer match, fun pool time, a tasty sandwich bar and getting to know your counselor games. We concluded the evening with a great ceremony by the Native Lore classes.



- Our Unit Choice dress up day for SENIOR QUEST on Wednesday July 9 will be **Twin Day**. SENIOR LEGEND, however, will have **Evil Twin Day**.

### Nurse Nook



\* Remember to apply sunscreen and insect repellent...and send extra for later reapplication.

\*Please contact the nurses directly if you have any questions or health concerns.  
(678) 507-1180