## High Meadows Happenings

## 6/15/2018 camp@highmeadows.org

## This Week's News 770-993-7975

- Calendar Events for all camp:

Wednesday $6 / 20$ is Unit Choice Dress Up Day. See below for each unit's choice.
Friday $6 / 22$ is Medieval Day, the last day of first session. Dress up as knights, dragons, wizards, and damsels!

- Today was our ALL CAMP COOKOUT and Wacky Tacky Day!

- Wednesday was BARNYARDIAY!

- Construction Update: The heavy rains have stayed away and we have continued to make progress on the new parking lot where the old basketball court was. Weather permitting, we are hoping the new parking lot will be ready next week or if not, then the week after. The new barn for the animals, which is a modular structure, should be delivered and assembled next week, but the exact timeline for the animals' return to campus remains TBD.
- Creature Highlight: The Rattle-Heifer ~Before High Meadows was a camp and school, the land was the residence and farm of the Franklin family. Legend has it that one of the Franklin's cows wandered out of its corral and remained on the land even after the founding of High Meadows. Legend also has it that a camper in the early days of the camp threw their bologna sandwich out of their cabin, where it was struck by lightning later that evening. The lightning strike turned the bologna into bolonium, a radioactive isotope of bologna. Later, the cow came across the bolonium and at the exact moment that the cow began to eat the bolonium, a rattlesnake bit the cow. This event caused a fusion, melding cow and rattlesnake into a new creature: The Rattle-Heifer. Sometimes, while walking through the woods, it is said that one can hear the dreaded cry of this beast, which supposedly sounds something like, "rattle rattle rattle mooo, rattle rattle rattle mooooo...". Obviously, this abomination is proof-positive as to why it is such a bad idea to litter at camp!

- This week's value was Commnumity!!

High Meadows campers understand the value of community and illustrate this by practicing cooperation and understanding. The campers appreciate the diversity of our community and feel comfortable expressing themselves. The campers understand their responsibility to our global community and work to protect the environment and live sustainably.
Questions for parents to ask their campers:
~What is community? What does a community look like?
~How do members of a community act?
~How does it feel when you are part of a community?
$\sim$ What can we do to take care of and strengthen our High Meadows Camp community?
$\sim$ What responsibilities do we have as members of our community?

- Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.

~ Jan
- We had a lot of fun making and eating Ants on a log for snack today.
- We made our Ants t-shirts this week, with a fresh design.
- We visited the tire swing this week.
- Our Unit Choice for next Wednesday 6/20 is Pajama Day!


~ Dani
- Our Unit Choice for next Wednesday $6 / 20$ is Superhero Day!
- We cooled off on the waterslide on Thursday.
- If you have not yet done so, please send in a plain white $t$-shirt with your camper by Monday $6 / 18$ at the latest, as we will be making Grasshoppers tshirts.

~ Kaela, Celena, and Travis
- Our Unit Choice for next Wednesday $6 / 20$ is Space Jam Wednesday.
- We tie-dyed shirts this week.
- We cooled off on the waterslide on Thursday.
- Also on Thursday, we had a "tea party" with cookies and juice.

~ Jennifer and Ryan
- The NO TV CHALLENGE ~ A great camp tradition that starts on Monday $6 / 18$ at camp and ends Thursday $6 / 21$ when the campers go home. Campers who are interested to take on the challenge are encouraged to not use any electronics for 4 days. This includes computers, cell phones, video games and of course, TV. At the end of the session, successful campers will be honored for their dedication and group effort with a traditionally decorated feather.
- Next Monday $6 / 18$ will be Mud Day. Although campers are not required to get dirty, we encourage you to send them with clothes they would not mind getting dirty.
- Our Unit Choice for next Wednesday $6 / 20$ is Halloween Costume Day! Remember to keep the costumes appropriate and to pack a change of clothes if the costume is very warm.
- We cooled off on the waterslide on Thursday.



## Annie, Tina, and Warren

- The Unit Choice on Wednesday 6/20 is Disney/ Pixar Day for both Quest and Legend.
- Legend had a great time on the Amicalola River on Wednesday. They also had an amazing Overnight on Thursday which included a friendly Camper vs. Counselor soccer game, a dip in the pool, dinner, down time on the low meadow, dessert, games in the barn theater, a special campfire ceremony prepared by campers, and of course, Donut Trivia breakfast.

- Quest Lake Trip is Monday $6 / 18$, Quest campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona. What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen and bug spray.
- QUEST EVENING on Tuesday $6 / 19$, is a wonderful way to spend an evening on our campus.

Details: Quest campers will enjoy a group game, take a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time, maybe some ol' camp songs and finish the night with... what else... S'mores! Rain or shine, they plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00. Pick-up will be at 8:30 at the carpool location. No bus service! Any evening medication must be turned in
to a counselor in the prescribed bottle \& with any instructions needed. If needed, please fill out \& turn in the Medication Release form found on our website:

## http://www.highmeadowscamp.org/registration/forms

You may email it back to camp@highmeadows.org, or print it and turn it in to a counselor. What to bring: A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon)
Dinner: Snack provided, water \& Juice
Taco Bar
Peanut butter and Jelly sandwich alternative \& of course, S'mores!!

## CIT Corner ~ Hannah and Andy

- This week CITs have focused on a particular value that makes up High Meadows Camp as a whole. They have worked very hard on their values projects, in their units and as a group. We are extremely proud of all of the dedication, passion and initiative that we have seen amongst the CITs this week. This extremely eventful week's events have included mid-session evaluations, Barnyard Day, the Senior Legend overnight and Wacky Tacky Hot Dog Cookout! CITs have discovered individual strengths through team-building activities and learned about positive discipline strategies through various life skills classes.


