



High Meadows Happenings

6/7/2019 camp@highmeadows.org

This Week's News

770-993-7975



- Calendar Events for all camp:
Wednesday 6/12 is Crazy Hair/ Crazy Hat Day!
Friday 6/14 is Unit Pride Day as well as our **All Camp Hot Dog Cookout!** Remember to send a re-usable cup and plate with your camper that day!
- **CARPOOL TIP:** To avoid waiting in line, arrive at 9:15 for drop off and 4:15 for pickup. Cruise right through! If you do wait in line, please remember – NO IDLING - Little lungs at work!
- Today was **Sports Fan Day!**



New Place Highlight: NEW BARNYARD/ ANIMAL AREA- Last year's construction has finally been completed and the animals have a new home on campus. The new Barn has much bigger horse stalls, more storage for food, and a much bigger riding ring so the ponies have more space to roam around. It is adjacent to the areas where the goats, sheep, chickens, and rabbits are located so the animals are now more centrally located. The Ponies and Animal Care classes have been enjoying it this summer!



- This past week our value was **CONFIDENCE**. High Meadows campers have confidence in their skills and ability to explore and express themselves. High Meadows campers have the confidence to work and problem solve independently and have pride in their accomplishments. High Meadows campers have positive attitudes and enthusiasm and celebrate the differences in others.
We emphasize confidence at the beginning of the summer in order to encourage campers to try new things and to have a positive attitude that sets the tone for their experience at High Meadows Camp.
We hope that you take the time to discuss this and the other upcoming values of the week with your camper.

- Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.



~ Jan

- Today, we made s'mores for snack.
- Earlier this week, we visited the barn and later crafted pictures of ponies we met at the barn.
- Please send in a plain white t-shirt with your camper by Monday 6/10, as we will be making our Ants t-shirts.
- Reminder- Ants will NOT be participating in the All Camp Hot Dog Cookout next Friday 6/14, so please remember to pack a lunch.
- Reminder – Ants drop-off begins at 9:15. If you arrive prior, do not block the drive. Please wait in a parking space.
- Ask your child to sing our morning and afternoon songs for you. They have done a great job learning them.
- For Unit Pride Day, Ants will be wearing purple.



~ Dani

- During group time, the Grasshoppers make snack every day and it changes every time. This week, we made magic wands, apple race cars, and baseball fruit skewers. The kids are learning camp songs and group games we do at camp. Too-Tie-Ta has been one of their favorite songs so far.
- Remember to send sunscreen, bug spray, close-toed shoes, and extra clothes for kids who come to camp in their bathing suits to change back into after swimming.
- For Unit Pride Day, Grasshoppers will be wearing orange.

Grasshoppers Snack Menu	Mon	10 th	Candied Grapes
	Tues	11 th	Veggie Cups
	Wed	12 th	Haystacks
	Thurs	13 th	Trail Mix
	Friday	14 th	Watermelon





~ Travis and Anna

- This week in Juniors, campers named their groups, learned new games such as GaGa, and some of the groups have created their own original dances during group time.
- During Unit Discovery, Juniors were very creative in making “devices” out of cardboard designed to save cats from trees.
- Please remember to send in a white t-shirt with your campers as soon as possible, as we will be tie-dying shirts this session.

- For Unit Pride Day, Juniors will be wearing blue!

Juniors Snack Menu	Mon	10 th	S'mores Cups
	Tues	11 th	Pizza Muffins
	Wed	12 th	Veggie Cups
	Thurs	13 th	Fruit Kabobs
	Friday	14 th	Popcorn Bar



~ Jennifer and Rob

- Next Tuesday June 11, campers need to wear clothes and shoes that can get dirty, as we will be having Mud Day!
- Super Seniors are doing a GREAT job learning all of our crazy camp song such as Tarzan, Tom the Toad, and Princess Pat.
- For Unit Pride Day, Super Seniors will be wearing green!
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~ Annie, Tina, and Rey

Today was the first **LIVESTOCK** of the Summer! Livestock takes place every Friday in the Barn Theatre for Senior campers and counselors who want to show off their talents, sing camp songs, and have skit challenges.



- **Quest** has been enjoying castle challenges including everything from riddles to trivia questions. One of the features of Camelot is the Camelot Cairn, a special pile of stones located in the meeting place of Senior Quest. The castle shields are hung from the cairn in a way that signifies progress in the castle challenges. During our Camelot time this week, we crowned a new troll doll Queen of Camelot. Her name is Her Royal Highness, Queen Felicia of Camelot!
 - During Senior Activity, we have played various games such as Bomber ball, Rock Paper Scissors Evolution, and Soccer.
 - Please remember that your camper must wear close-toed shoes to camp and that flip-flops are only allowed when going to and from the pool
 - **Legend** campers are doing a great job keeping their castles clean. Castle challenges have been amazing and the campers have been working hard to answer riddles and show teamwork.
 - **Legend River Trip** is Wednesday 6/12. Legend campers will load up on a bus and drive through the Georgia countryside to the Edge of the World, a special place on the Amicalola River that we have been taking campers for decades for wading and safe, shallow water play.
What to bring: Close-toed shoes with heel straps (old tennis shoes or Keens are the best for protecting feet in the water), towel, sunscreen, bug spray, water bottle and lunch.
 - **Legend Overnight** is Thursday 6/13. This is a wonderful experience spending a night on campus under the stars. What to bring:
 - Water bottle
 - A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon) for dinner and for the cookout on Friday
 - Sleeping bag and pillow
 - Sleepwear and toiletries
 - Attire for Wacky Tacky Day
 - Any evening/morning medication must be turned into a counselor in the prescribed bottle and with any instructions needed. Please fill out and turn in the Medication Release Form found on our website:
<http://www.highmeadowscamp.org/document.doc?id=76>
You may email it to camp@highmeadows.org or print and turn it in to a counselor.
- No need to bring a second lunch on Thursday**, as we will be having the all-camp cookout on Friday afternoon.



Details: Legend campers will begin the evening with a group meeting where they plan the night. They will play a friendly game of Camper vs. Counselor soccer, enjoy a dip in the pool, eat a scrumptious meal prepared by the Counselors and CITs, enjoy some down time with games in the Barn Theatre and dessert, and finish the night with a ceremony prepared by campers and counselors. They will bed down for the night in a location of their cabin (castle) choosing. Rain or shine, we plan on having a great time!

Dinner and Breakfast Menus: Vegetarian options will be available.

Dinner: Pre-dinner snack	Breakfast: A variety of fruit
Sandwich Bar	An assortment of cereals
Chips and Fruit Salad	A plethora of Juices & milk
Peanut-free Butter and Jelly Sandwich alternative	And of course... Donut Trivia!
Ice cream sandwiches and popsicles for dessert	

CIT Corner ~ Hannah and Andy

Hello and happy Friday to all! As usual, it has been a fantastic first week of camp. The CITs started the week with some teambuilding and a brief introduction to the program. Not surprisingly, we have a cohesive group of open-minded and enthusiastic Counselors in Training. On Tuesday, they dived into work with their units, providing a wonderful experience for the younger High Meadows campers. Spending time alongside experienced counselors, they will develop the skills necessary to be leaders here at camp. CITs also began creating short video projects in small groups. Their videos, completed at the end of this session, may serve as guides for future counselors and CITs at High Meadows.

Thanks for reading. See you next week!
Handy (Hannah and Andy)



SPECIALIST SPOT- GRACIE AND ERIC- A Brief recap of what all the Specialist activities did with each Unit!

- **Nature**~ Elena and Will
 - To familiarize Grasshoppers with the campus, we took a hike to the Sourwood tree. On the walk, we focused on exploration and using their senses, We discusses class agreements/ rules, talked about the meaning of nature vs. man-made, and found examples on our hike.
 - To familiarize Juniors with the campus, we also took a hike to the Sourwood tree, focusing on Discovery, along with learning about different animals at camp and fun facts relating to them.
 - Super Seniors were excited to return to Nature and experience hands-on activities such as taking a sensory focused nature walk, and learning new games. This week, Super Seniors learned about our High Meadows animals by participating in a wide array of activities such as Crazy Animal Fact BINGO, Animal foot prints, Poison Ivy Tag, and Animal Charades.
- **Traditions**~ Grace
 - In Traditions this week, we introduced campers in all units to what a tradition is, and how it is important to High Meadows. Through a camp-related scavenger hunt, we encouraged them to explore the campus. Later in the week, we taught them about King Arthur through an interactive play and therefore created a way in which the campers could connect to traditions and storytelling.
- **Arts and Crafts**~ Dax and Cate
 - On their first day, the Grasshoppers were able to design a clay letter and imprint different patterns on them. When they came back to art, the Grasshoppers designed and created their own magic wands for Medieval Day at the end of the session.
 - On the first day, Juniors were able to design their own castle towers. They later designed and created their own wands and duct tape bags.
 - On their first day, Super Seniors created their own Pinch pot Dragons out of clay. They later designed and created their own wands and duct tape bags as well. Many of the activities this week focused on fine motor skills and creative expression.
- **Sports**~ Karen and Tess
 - Grasshoppers learned how to play inside boundaries and the appropriate reaction to being tagged while playing 1-2-3 Octopus and Ghostbusters.
 - Juniors learned how to work as a team by playing Toxic Jelly Balls and worked on risk taking and sportsmanship.
 - Super Seniors began the session with a basketball and soccer game. Then they broke into groups and rotated through 3 activities: GaGa, Parachute games, and Zebratonicus tag.
- **Discovery**~ Ashley and Lily
 - Grasshoppers discovered how to work as a team to create a solution for a cat stuck in a tree. They made “prototypes” of their machines out of recycled materials and loved what the word prototype meant.
 - Juniors were excited to be back in Discovery this summer. They were asked to create prototypes for a given solution to a problem while being creative and respectful.
 - Super Seniors learned how to embrace their creativity during our recycled material creation stations, as well as use teamwork to solve problems in things such as hula hoop races and flip the shoot.
- **Archery**~ Jackson and Cam
 - We are getting the Super Seniors familiar with the bow and arrow. Kids got to shoot for the first time with confidence and some even got Bullseyes.

- **Woodworking**~ Andy and Fiona

-This week, we introduced the campers to the new woodworking shed and the rules that accompany it. We made them familiar with woodworking techniques and let them know the importance of being safe and following instructions in order to have fun. We encouraged their creative freedom by allowing them to choose and start an individual project that they will work on throughout the session.

Pool Post- Lynda and Amanda

- We feel that water safety and comfort, without accessories, is an important skill for all children to learn. As such, we do not allow campers to swim with goggles during instructional swim (unless they have a Doctor's note). However, campers may use goggles during free swim.
- This first week of camp, all full-day campers were tested on their swim ability and assigned to the appropriate lesson group and section of the pool. We are looking forward to many sunny days of pool-time fun!