



# High Meadows Happenings

6/8/2018 [camp@highmeadows.org](mailto:camp@highmeadows.org)

## This Week's News

770-993-7975



- Calendar Events for all camp:  
Wednesday 6/13 is Barnyard Day!  
Friday 6/15 is Wacky Tacky Day as well as our **All Camp Hot Dog Cookout!**
- **Thank you** for your patience in the carpool line as we started a new session and worked around construction!
- **CARPOOL TIP:** To avoid waiting in line arrive at 9:15 for drop off and 4:15 for pickup. Cruise right through! If you do wait in line, please remember – NO IDLING - Little lungs at work!
- Today was When I Grow Up Day!



- **Construction Update:** We have been fortunate to have a full week of sunshine so far, which has enabled our construction crews to accomplish a lot during this week. Our number one priority is the safety of our campers and, as such, we have had flag crews and crossing guards on duty to ensure campers and personal vehicles maintain their safe distance from any construction activity. Again, we apologize for any disappointments the project has caused, and we hope to have the animals back on campus as soon as possible. In the meantime, our youngest campers have enjoyed meeting domesticated rats as well as the parrot Melvin during Animal Encounters, which they've been having in lieu of pony rides.
- **Place Highlight: Shadowfox Trail** ~Shadowfox Trail is the main path that snakes through the forests near Senior Camp and the Pool. Along this path are many famous High Meadows landmarks, such as Merlin's Pond, Lake Avalon, the Ropes course, Wampus Cat Springs, and Old Stonehenge. Shadowfox Trail is named for Mark Warren (pictured below), the first head of Senior Camp (whose spirit name is Shadowfox). This trail is a favorite destination for Senior-level nature, pioneering, and native lore classes as well as nature hikes for Grasshoppers, Juniors and Super Seniors.



- This past week our value was **CONFIDENCE**. High Meadows campers have confidence in their skills and ability to explore and express themselves. High Meadows campers have the confidence to work and problem solve independently and have pride in their accomplishments. High Meadows campers have positive attitudes and enthusiasm and celebrate the differences in others.

We emphasize confidence at the beginning of the summer in order to encourage campers to try new things and to have a positive attitude that sets the tone for their experience at High Meadows Camp.

We hope that you take the time to discuss this and the other upcoming values of the week with your camper.

- Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.



~ Jan

- Today, we made s'mores and learned the story of how they got their name.
- Please send in a plain white t-shirt with your camper by Monday 6/11.
- Reminder- Ants will NOT be participating in the All Camp Hot Dog

Cookout next Friday 6/15, so please remember to pack a lunch.

- Reminder – Ants drop-off begins at 9:15. If you arrive prior, do not block the drive. Please wait in a parking space.



~ Dani

- We learned how to pet bumblebees in Nature.
- Please send in a plain white t-shirt with your camper by Monday 6/11.

Grasshoppers Snack Menu	Mon	11 <sup>th</sup>	Apple Cookies
	Tues	12 <sup>th</sup>	Fruit Skewers
	Wed	13 <sup>th</sup>	Haystacks
	Thurs	14 <sup>th</sup>	Candied Grapes
	Friday	15 <sup>th</sup>	Watermelon





~ Kaela, Celena, and Travis

- We have had many cool activities in our classes so far, including making egg bubbles in Nature to learn about Weather, and playing team-building games in Discovery. As always, don't forget to send in water bottles and sunscreen with your camper each day.

Juniors Snack Menu	Mon	11 <sup>th</sup>	Trail Mix Scavenger Hunt
	Tues	12 <sup>th</sup>	Veggie Cups
	Wed	13 <sup>th</sup>	Haystacks
	Thurs	14 <sup>th</sup>	Tea Party (cookies and juice)
	Friday	15 <sup>th</sup>	Tie-Dye Fruit Cups



~ Jennifer and Ryan

- Super Seniors have adjusted well to our new meeting spot and new large cabins. We have also had many fun moments this week including playing parachute games and learning classic camp songs during group time.





~ Annie, Tina, and Warren

- Today was the first **LIVESTOCK** of the Summer! Livestock takes place every Friday in the Barn Theatre for Senior campers and counselors who want to show off talents, sing camp songs, or have skit challenges.



- **Quest** has been enjoying castle challenges including everything from riddles to races. One of the features of Camelot is the Camelot Cairn, a special pile of stones located in the meeting place of Senior Quest. The castle shields are hung from the cairn in a way that signifies progress in the castle challenges.
- Please remember that your camper must wear close-toed shoes to camp and that flip-flops are only allowed when going to and from the pool

- **Legend River Trip** is Wednesday 6/13. Legend campers will load up on a bus and drive through the Georgia countryside to the Edge of the World, a special place on the Amicalola River that we have been taking campers for decades for wading and safe, shallow water play.



What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen, bug spray, water bottle and lunch.

- **Legend Overnight** is Thursday 6/14. This is a wonderful experience spending a night on campus under the stars. What to bring:

- Water bottle
- A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon) for dinner and for the cookout on Friday
- Sleeping bag & pillow
- Sleepwear and toiletries
- Attire for Wacky Tacky Day
- Any evening/morning medication must be turned into a counselor in the prescribed bottle and with any instructions needed. Please fill out and turn in the Medication Release Form found on our website:

<http://www.highmeadowscamp.org/document.doc?id=76>

You may email it to [camp@highmeadows.org](mailto:camp@highmeadows.org) or print and turn it in to a counselor.

**No need to bring a second lunch on Thursday**, as we will be having the all-camp cookout on Friday afternoon.



Details: Legend campers will begin the evening after all the other campers go home. They will play a whole group game, enjoy a dip in the pool, eat a scrumptious meal prepared by the counselors, enjoy some down time with games in the Barn Theatre, maybe some ol' camp songs and finish the evening with something awesome prepared by their peers. Rain or shine, we plan on having a great time.

Dinner & Breakfast Menu: Vegetarian options will be available.

Dinner: Pre-dinner snack

Taco Bar

Ice cream sandwiches

Breakfast: A variety of fruit

An assortment of cereals

A plethora of juices & milk

And of course... Donut Trivia!

### **Nurse Nook**

\* Keep hydrated and remember to send a water bottle with your camper daily!

\* Please contact the nurses directly if you have any questions or health concerns. (678) 507-1180



### **CIT Corner ~ Hannah and Andy**

- We are thrilled to have such an animated group of CITs to kick off first session! Throughout the week, the CITs have done some team building exercises, set individualized goals for themselves, problem solved and planned as a group, begun shadowing in different units of camp, and jumped right into the CIT Values Program.
- Each week CITs will focus on a particular value that makes up High Meadows Camp as a whole. They will learn, experience, and demonstrate the value of their choice in the groups they are shadowing in that week. At the end of the week, in order to show mastery and understanding of the value, each CIT presents an expressive project to our group and often representatives of leadership staff.
- Today, we were very proud of the creativity we saw in the Values projects that the CITs presented and we look forward to the coming weeks! We cannot wait to see what the rest of this session has in store for the CIT program!

