



High Meadows Happenings

6/9/2017 camp@highmeadows.org

This Week's News

770-993-7975



- Calendar Events for all camp:
Wednesday 6/14 is Decade Day!
Friday 6/16 is Aloha Friday as well as our **All Camp Hot Dog Cookout!**
- Today was Western Day!



- **New Animal Highlight:** Bella Luna and Willow

We have two new campus animals since last summer, both of whom were rescued. Our new equine, Bella Luna, is a 16 year old thoroughbred horse (16.2 hands high) who was rescued after being neglected. When she first arrived on this campus, she was so thin that her ribs were visible. Now she is healthy and giving pony rides to campers. Her story was profiled by the [AJC](#), [CBS46 News](#), as well as [WSB Channel 2](#). Our second new animal is Willow the lamb. Born May 17th, she is a Gulf Coast native sheep and also the sister of Lulu (our other ovine on campus). She was rescued after her mother died from complications related to giving birth. Willow is currently living at home with Nanci (our Animal Care Manager) with visits to High Meadows during the day until she gets big enough to live full time with our other goats and sheep.



- This past week our value was **CONFIDENCE**. High Meadows campers have confidence in their skills and ability to explore and express themselves. High Meadows campers have the confidence to work and problem solve independently and have pride in their accomplishments. High Meadows campers have positive attitudes and enthusiasm and celebrate the differences in others.

We emphasize confidence at the beginning of the summer in order to encourage campers to try new things and to have a positive attitude that sets the tone for their experience at High Meadows Camp.

We hope that you take the time to discuss this and the other upcoming values of the week with your camper.

- Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.



~ Jan

- Every afternoon, we have been doing two special activities. First, we take down one of the links of our construction paper days of camp chain. On each link is a question that we discuss. Second, we have learned two songs, our Good Morning song and our Good-Bye song.
- We visited the tipi, animals, and rode the ponies.

- We made s'mores and learned the story of how they got their name.
- Remember to send in t-shirts for painting by next Wednesday 6/14.



~ Kimmie

- We have had lots of fun playing Wax Museum while dancing to the beat during Group Time.
- We made Oobleck in Unit Discovery.
- If you haven't already, please send Popsicle sticks with your camper by Monday. We will use them to make picture frames.

- Please label your child's items so we can find them easily.

Grasshoppers Snack Menu	Mon	12 th	Fruit Pudding Cups
	Tues	13 th	Fruit Skewers
	Wed	14 th	Sugar Cookies
	Thurs	15 th	Teddy Bear Toast
	Friday	16 th	Watermelon





~ Kaela, Mary, and Eddie

- Junior campers will be decorating shirts next week. Please send your camper with a plain, white or light colored t-shirt labeled with your child's initials by
- We have had lots of fun riding High Meadows' signature tire swing.
- Next Tuesday, we will be having our tea party with tea and crumpets (juice and cookies).

Juniors Snack Menu	Mon	12th	Fruit Skewers
	Tues	13th	Tea Party (Cookies and Juice)
	Wed	14th	Magic Wands
	Thurs	15th	Ants on a log
	Friday	16th	Watermelon



~ Jennifer and Rob

- We have also been learning all of the traditional Super Senior Camp songs such as Mrs. Murphy's Chowder, Top Notcher, and God Bless My Underwear.
- We played Trolls, Gnomes, and Wizards in Sports.
- If you have any empty quart yogurt cups sitting around, please

send them with your camper.





~ Annie, Tina, and Andy

- Today was the first **LIVESTOCK** of the Summer! Livestock takes place every Friday in the Barn Theatre for Senior campers and counselors who want to show off talents, sing camp songs, or have skit challenges.



- **Quest** has been enjoying castle challenges including everything from riddles to races. One of the features of Camelot is the Camelot Cairn, a special pile of stones located in the meeting place of Senior Quest. The castle shields are hung from the cairn in a way that signifies progress in the castle challenges.

- **Legend River Trip** is Wednesday 6/14. Legend campers will load up on a bus and drive through the Georgia countryside to the Edge of the World, a special place on the Amicalola River that we have been taking campers for decades for wading and safe, shallow water play.

What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen, bug spray, water bottle and lunch.



- **Legend Overnight** is Thursday 6/15. This is a wonderful experience spending a night on campus under the stars. What to bring:

- Water bottle
- A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon) for dinner and for the cookout on Friday
- Sleeping bag & pillow
- Sleepwear and toiletries
- Attire for Aloha Friday
- Any evening/morning medication must be turned into a counselor in the prescribed bottle and with any instructions needed. Please fill out and turn in the Medication Release Form found on our website:

<http://www.highmeadowscamp.org/document.doc?id=76>

You may email it to camp@highmeadows.org or print and turn it in to a counselor.

No need to bring a second lunch on Thursday, as we will be having the all-camp cookout on Friday afternoon.

Details: Legend campers will begin the evening after all the other campers go home. They will play a whole group game, enjoy a dip in the pool, eat a scrumptious meal prepared by the counselors, enjoy some down time with games in the Barn Theatre, maybe some ol' camp songs and finish the evening with a campfire. Rain or shine, we plan on having a great time.



Dinner & Breakfast Menu: Vegetarian options will be available.

Dinner: Pre-dinner snack

Taco Bar

Chips, veggies and fruit

Ice cream sandwiches

Breakfast: A variety of fruit

An assortment of cereals

A plethora of Juices & milk

And of course... Donut Trivia!

Nurse Nook

* Keep hydrated and remember to send a water bottle with your camper daily!

* Please contact the nurses directly if you have any questions or health concerns. (678) 507-1180



CIT Corner ~ Hannah and Warren

- We are thrilled to have such an enthusiastic group of CITs to kick off first session! This eventful week, the CITs have done some team building exercises, set individualized goals for themselves, problem solved and planned and a group, begun shadowing in different units of camp, and jumped right into the CIT Values Program.
- Each week CITs will focus on a particular value that makes up High Meadows Camp as a whole. Their assigned weekly value will depend on the year and week of the program that the CIT is in. They will learn, experience, and demonstrate that value in the groups that they are shadowing in that week. At the end of the week, in order to show mastery and understanding of their assigned value, each CIT will present an expressive project to our group and often representatives of leadership staff.
- Today, we were very proud of the creativity we saw in the Values projects that the CITs presented and we look forward to the coming weeks! We cannot wait to see what the rest of this session has in store for the CIT program!

